

Week of: _____

QUEST BOARD



Fight the monster, not each other.

1 **Grown-ups** write the week's Quests, pick the reward at the bottom, and name the boss.

2 **Plan the week together.** Put a dot on the day each Quest will happen.

3 **Tick it when it's done,** then colour one square on the boss bar.

Draw this week's chore monster here

(a Laundry Goblin? a Tupperware Troll?)

This week's boss

Its name: _____

HP

One square for every Quest ticked. Count your planned dots and draw a finish line on the bar to match! A missed day never rubs any out.

Quest (e.g. Reading 15m)	Who	Mon	Tue	Wed	Thu	Fri	Sat	Sun
		☐	☐	☐	☐	☐	☐	☐
		☐	☐	☐	☐	☐	☐	☐
		☐	☐	☐	☐	☐	☐	☐
		☐	☐	☐	☐	☐	☐	☐
		☐	☐	☐	☐	☐	☐	☐
		☐	☐	☐	☐	☐	☐	☐
		☐	☐	☐	☐	☐	☐	☐
		☐	☐	☐	☐	☐	☐	☐
		☐	☐	☐	☐	☐	☐	☐

Missed a day?

Nothing's lost. Do one small rescue job instead, tick a box, and colour the missed square on the boss bar:

☐☐☐

Rest day

A grown-up can call a rest day. Circle that day at the top and colour its planned squares on the boss bar.

Boss beaten!

This week's reward, chosen by a grown-up:

_____

_____



Stick it on the fridge. Start a fresh board each week.

CrumbleKeep crumblekeep.com